

Thankful Playdough

This activity encourages pupils to express their thankfulness is a creative way.

Equipment needed:

Playdough or plasticine
Mats
Trays

Instructions:

This activity encourages pupils to be grateful. It encourages them to think about people, things and places that they like.

If your prayer space is in a carpeted room, use the mats to mark out an area. It is best to keep the playdough on trays if possible.

Encourage the pupils to think about someone or something that they are thankful for, e.g. family, friends, pets, animals, hobbies, sports, musical instruments or any other relevant ideas that come to mind. When they have thought of something, encourage them to make a model of it.



Prayer Spaces
in Schools

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Below is an example of the instructions you could use for this activity. Please feel free to copy these and adapt as you wish. If your prayer space has a name you might like to add your own logo.

Thankful Playdough

Think about all the good things in your life.

Think of someone or something that
you are really grateful for.

Use some of the playdough to make a model
of the thing you have thought of.

If you want to, while you are making your model
use the time to say thank you to God.